

**IN-DEPTH 200 hr YOGA TEACHER TRAINING**  
**by International Educators:**  
**In WINTER PARK, COLORADO!**

**September 16-December 17, 2017**  
**see weekend schedule below**

200hr Hatha Yoga training, specializing in YOGA ANATOMY & PHILOSOPHY,  
WITH ASANA TECHNIQUE and ASSESSMENT by:

**Jo Ann Staugaard-Jones (Concise Book of Yoga Anatomy)**  
**Margaret Strom (Owner/Director of Mountain Moon Yoga)**  
**Irum Naqvi (Director, Center for Natural Living)**

*Certified by Yoga Alliance internationally through the Center for Natural Living,  
[www.centerfornaturalliving.com](http://www.centerfornaturalliving.com)*



**WEEKEND SCHEDULE: Sat 10-8; Sun 10-8:**

**Sessions held at Mountain Moon Yoga Studio, Winter Park, CO**

Sept 16-17:	Philosophy/Ethics with Margaret
Sept 23-24, Oct 8:	Yoga Anatomy & Physiology with Jo Ann
Oct 14-15, 21-22, Nov 4-5:	Asanas, Sequencing, Technique with Margaret
Nov 11-12, 18-19, Dec 9-10:	Asanas, Practice Teaching, Business with Margaret
Dec 16-17:	Assessments and Graduation with Jo Ann/Margaret

Cost: \$3000 for full training and certification, \$2800 if paid in full by August 17.

Application, registration, deposit, and payments: <http://www.mtmoonyoga.com>